

## ARE CLINICAL TRIALS SAFE?

The number one priority for Wake Forest Baptist Health is protecting our patients. Clinical trials are well planned, and the intent and details are thoroughly documented and reviewed. Our Institutional Review Board protects patients by reviewing, approving and monitoring all clinical trials. They ensure that all studies, which are subject to U.S. Food and Drug Administration audits at any time, follow federal laws.

If you participate in a cancer clinical trial, you can choose to leave it at any time. Feedback, which can be offered anonymously, is always welcome. Learn more about our clinical trials and policies at [WakeHealth.edu/Cancer/Clinical-Trials](http://WakeHealth.edu/Cancer/Clinical-Trials).



## QUESTIONS TO ASK

If you are considering participating in a cancer clinical trial, feel free to ask any questions about the trial, your care and possible risks and benefits.

- What is the clinical trial, and who is conducting it?
- How might this clinical trial help me as a patient or others in the short and long term?
- What will be done in the trial, and how long does it last?
- Will I know if I am receiving an experimental drug or treatment or a placebo?
- Can my condition get worse by being in the clinical trial?
- What will be done to protect my health while I am in the trial?
- Will this clinical trial replace my regular care?
- How will my privacy be protected when I participate in the trial?
- If I want to stop the clinical trial, am I allowed to drop out?
- Are there extra charges to participate in the trial?
- Does my insurance cover the cost of being in the clinical trial?

## ASK YOUR DOCTOR ABOUT A CLINICAL TRIAL

To learn more about different cancer clinical trials, visit [WakeHealth.edu/Cancer/Clinical-Trials](http://WakeHealth.edu/Cancer/Clinical-Trials) or call **336-716-2121**, **336-716-6700** en Español.

**COMPREHENSIVE  
CANCER CENTER**



 **Wake Forest<sup>®</sup>  
Baptist Health**

cancer  
doesn't  
wait

NEITHER  
SHOULD  
YOU

why a clinical trial may  
be right for you

Studies show that those who take part in a clinical trial may achieve better outcomes than those who don't. Why wait?

**COMPREHENSIVE  
CANCER CENTER**



 **Wake Forest<sup>®</sup>  
Baptist Health**

**AS AN ACADEMIC HEALTH SYSTEM,** Wake Forest Baptist Health manages a robust clinical research program, conducting hundreds of clinical trials with the goal of finding better ways to prevent, diagnose and treat cancer.



[WakeHealth.edu/Cancer/Clinical-Trials](http://WakeHealth.edu/Cancer/Clinical-Trials)

### The benefits of joining a clinical trial can be significant:

- Studies show that cancer patients who participate may achieve better outcomes than those who don't.
- Patients who take part receive an extra layer of medical care with frequent follow up and progress assessments.
- Participants have access to the latest treatments long before they may become widely available.
- Your involvement can help shape the future of health care for yourself and others.



Wake Forest Baptist Health is one of only 51 cancer centers in America designated by the National Cancer Institute (NCI) as "Comprehensive," ensuring that our Comprehensive

Cancer Center is on the forefront of research and breakthrough medicine. That includes access to promising clinical trials often not available elsewhere.

As a member of this NCI-designated network of cancer centers, Wake Forest Baptist Health has helped to lead the rapid pace of discovery and to pioneer improved cancer treatments. This work has increased the number of cancer survivors in the U.S. and substantially improved the quality of patients' lives.

### WHAT ARE CLINICAL TRIALS?

As the cures of tomorrow are developed, researchers depend on volunteers—people like you—to help evaluate these treatments and therapies through clinical trials. These studies are closely monitored and the most effective way to find better methods for diagnosing, preventing and treating cancer, as well as other medical conditions and diseases.

There are different types of clinical trials:

- Treatment studies test new therapies to improve care.
- Diagnostic studies find better ways to accurately diagnose disease.
- Prevention studies investigate ways to prevent diseases.
- Screening studies find ways to identify diseases at their earliest stages.
- Quality of life studies research ways to solve the challenges faced by those with a chronic illness.

### WHAT TO EXPECT BEFORE JOINING A CLINICAL TRIAL

Every aspect of a clinical trial is carefully planned, and all Wake Forest Baptist Health studies follow federal guidelines for safety.

When you join a cancer clinical trial, you'll obtain detailed materials explaining how the clinical trial will be conducted and information about your involvement and care.

You will have an opportunity to ask questions about the clinical trial, and you will be asked to sign a consent form for your participation. Before consenting to participate, you should:

- Discuss your desire to participate with a doctor, nurse, relative or friend.
- Write down questions in advance and understand the answers you are given.
- Review all of the materials before signing the consent form.